

27 Questions for Falling in Love with Your Parents

by Ellie Jack

Ask these questions when there won't be a rush. Record your conversation and/or take careful notes. Allow for the unexpected. Stay curious. Ask questions. Hold space for answers to be difficult or challenging or hard to hear. It will all, in the end, be insightful.

- 1) What was your childhood like?
- 2) How would your parents have described you?
- 3) Growing up, who inspired you the most?
- 4) What is your most embarrassing moment?
- 5) When did you feel like you found your stride as an individual?
- 6) Has there ever been a fork in the road in your life? What was it and why did you choose that particular path?
- 7) What was the most important lesson you learned from your parents?
- 8) When did you know that you wanted to marry mom/dad?
- 9) What do you remember most about your wedding day?
- 10) What is the hardest part about being married?
- 11) What is the best part about being married?
- 12) What made you feel ready to be a parent?
- 13) What was your biggest fear about raising kids?
- 14) What is the hardest thing about raising children?
- 15) What did I do as a child that frustrated you and what did I do that you loved?
- 16) What was the best gift I ever gave you?
- 17) What challenges did you two have work through as co-parents?
- 18) What kind of parent do you think you ended up being?
- 19) What are you most proud of in your life?
- 20) What is something you regret?
- 20) What is a hard decision you have made?
- 21) What is your favourite family tradition?
- 22) What advice would you give your 30-year-old self?
- 23) What is something about you that you love about yourself?
- 24) What are 3 memories will you remember forever?
- 25) What would make you happy at this time in your life?
- 26) What is something that I haven't asked you that you want me to know?
- 27) What have YOU always wanted to ask ME?